



LUNCH Menu

MARCH 2023

		1 Beef Chili Frito Pie Chicken Caesar Salad All-American Sub 🍖	2 Spaghetti & Meatballs Baja Salad 🌱 Ham & Cheese Sandwich 🍖	3 Cheesy Jalapeno Hot Dog Turkey Chef Salad Turkey & Cheese Bagel Sandwich
6 Creamy Italian Rice Bowl with Chicken Beef Taco Salad Turkey & Cheese Salad	7 Beef Quesadilla Turkey Chef Salad Turkey & Cheese Sandwich	8 Corn Dog Bean & Cheese Nacho Salad 🌱 All-American Sub 🍖	9 National Meatball Day Meatball Sub Popcorn Chicken Salad Ham & Cheese Sandwich 🍖	10 Early Release
13 No School	14 No School	15 No School	16 No School	17 No School
20 Pepperoni Pizza Burger Turkey Chef Salad Turkey & Cheese Wrap	21 Hot Dog Beef Taco Salad Turkey & Cheese Sandwich	22 Cheese Pizza Sticks 🌱 Chicken Caesar Salad All-American Sub 🍖	23 Cheese Enchilada Casserole 🌱 Bean & Cheese Nacho Salad 🌱 Ham & Cheese Sandwich 🍖	24 Fish Sticks & Roll Popcorn Chicken Salad Turkey & Cheese Bagel Sandwich
27 Chicken Quesadilla Turkey Chef Salad Turkey & Cheese Wrap	28 <i>Breakfast for Lunch</i> Scrambled Eggs & Biscuit 🌱 Chicken Nacho Salad Turkey & Cheese Sandwich	29 Egg Fried Rice 🌱 Chicken Caesar Salad All-American Sub 🍖	30 Mac & Cheese 🌱 Bean & Cheese Nacho Salad 🌱 Ham & Cheese Sandwich 🍖	31 Corn Dog Popcorn Chicken Salad Turkey & Cheese Bagel Sandwich

Grill: Hamburger, Cheeseburger, Veggie Burger 🌱, Grilled Cheese 🌱, Chicken Sandwich, Popcorn Chicken or Nuggets

Pizza: Cheese 🌱 or Pepperoni Pizza

Tortilla: Nachos, Tacos, and Burritos

Deli: SunButter & Jelly Sandwich, SunButter Sandwich 🌱

All meals offered with choice of fruit, juice, and milk (1% white or skim chocolate)

🌱 Denotes vegetarian item 🍖 Denotes pork item

*Menu subject to change

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LISD Child Nutrition

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